

Our Federation Recovery Aims March 2021

Our federation is committed to designing and delivering a well-being program appropriate for each individual child and class on their return to school on Monday, March 8th.

In the first few weeks of the children's return, we will focus on the relevant recovery of the children's structure and routine, well-being, resilience, trust and relationships, guided group games, class charter's, art therapy, music, drama, dance, outdoor learning and most importantly discussion and talk when 'In the Moment' planning and delivery of a relevant covid lock down nature discussion is needed. In all this, Maths and English learning will have an underlying link.

When the children feel safely settled back into school structure and routine and they also share a sense of connectedness with their friends, relationships and school community, we then feel they will be ready for an engaging 'Academic Recovery Curriculum' centred to the individual child's academic level of progress and ability.

In doing this, we believe the children will regain the many losses whilst we nurture and encourage a wealth of well-being and happiness in all of our children thus creating an environment where they can flourish, be inquisitive and learn.

Hamilton Trust Maths and English Linked 'Well-Being' Plans.

Teachers may use these as a template to plan and deliver a bespoke 'Well-Being Recovery Program' for the children in their classes.

[Hamilton-trust.org.uk](https://www.hamilton-trust.org.uk)

Back to School: Recovery Learning



By **Ruth Merttens**

Wellbeing blocks: Children's wellbeing must be at the forefront of our teaching in the first weeks back after lockdown. See our new FREE Blocks for English and Maths.

Many children have not had a good time through Lockdown. Quite apart from any difficulties in accessing school work, finding appropriate technology and having a supportive available adult, children will almost certainly have experienced loneliness, frustration, fear, anxiety and anger. They will not be in a space, academically or emotionally, to simply pick up where they left off. So, what do we do to help children to heal, to re-enter a comfortable learning zone and to find the confidence to persevere and start progressing again? Hamilton's new wellbeing blocks are designed for just this.



Crocombe and Stoke St Michael Primary Federation **Our Recovery Resources**

For The Resources Below Please Visit: [Hamilton-trust.org.uk](https://www.hamilton-trust.org.uk)

Wellbeing Blocks for English

Two weeks' work (which could be extended) designed to allow children to express themselves in a safe way using many different aspects of the expressive arts – role play, painting, modelling, composition, movement, music and drama. These English blocks use poems and stories to stimulate work specifically planned to enhance children's wellbeing and to extend their mental space for learning. Download these free plans now.

[Year 1](#) | [Year 2](#) | [Year 3](#) | [Year 4](#) | [Year 5](#) | [Year 6](#)

Wellbeing Blocks for Maths

A unit of five activities, focussed on basic and key skills, which draw on expressive arts to enhance children's wellbeing. Children reconnect with each other and the classroom through painting, modelling, drawing, movement and music. They practise number facts and reinforce understanding of place value in an unthreatening context, giving the opportunity to express their feelings in a safe space - a stepping stone from which they can move on gradually to resume the usual curriculum. Download these free plans now.

[Year 1](#) | [Year 2](#) | [Year 3](#) | [Year 4](#) | [Year 5](#) | [Year 6](#)

Why are we doing this?

*But at my back I always hear
Time's winged chariot hurrying near...*

Although teachers always feel time-pressure to move along, if ever there was an occasion when all our instincts should be saying 'slow down', this is it! Children need and deserve some time to get used to being back, to process what they have been through and to consolidate their learning. The brightest child in the country, as well as the most average, will benefit from a chance to express themselves through art, movement, drama and music. The fact that they are also getting back in the zone of their English and Maths learning is a welcome plus factor. But the main aim is and should be their recovery towards stronger mental health and readiness to learn.