Week 4

Dishes		W	THE STATE OF THE S	6		Expin Flour	Milk		MILLERO		Se			□ ™
Monday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna pasta bake		✓			✓		✓							
Vegetable bolognese		√		✓			✓							
Fruit jelly														
Yoghurt							✓							
Fruit														
GF/DF:Veg pasta bake													✓	
GF/DF:Fruit jelly														
Vegan: Veg pasta bake													√	
Vegan: Fruit														
Jacket and cheese							✓							
Potatoes														

Vegetables								
Cheese for jackets				✓				
Cream/custard				√				
Bread	√							
Packed lunches	√			√			√	

Dishes		No.	THE STATE OF THE S			Túpin Rour	Milk		MILIDARD		- M			MA
Tuesday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Pork sausage roll		√					✓						✓	✓
Pea and feta frittata				√			✓							
Apple ginger pudding		√		√			✓						✓	
Yoghurt							✓							
Fruit														
GF/DF:Herby bangers													✓	

GF/DF: Choc pot								√	
Vegan: Sausage roll	√			√(not ingredient)					✓
Vegan: Choc pot								>	
Jacket and beans									
Potatoes									
Vegetables									
Beans for jackets									
Bread	√								
Packed lunches	√			√			√		

Dishes				A		Espin Flour	Mailk		MUSTNED					MAG
Wednesday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sausage roast		✓											√	✓
Quorn sausage		✓											✓	

Orange shortbread	✓			✓				√
Yoghurt				✓				
Fruit								
GF/DF: Sausage								√
GF/DF:Choc cookie								
Vegan:Vegan sausage	✓						√	
Vegan: Choc cookie								
Jacket and tuna mayo		✓	~					
Roast potatoes								
Vegetables								
Tuna mayo for jackets		✓	~					
Stuffing	✓							
Gravy								
Bread	1							

Packed lunches	✓			✓			✓	

Dishes			T _A			Lipin Slout	Maik		MUSTORO					S MA
Thursday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Beef and veg pie		√		√										
Mac and cheese		✓					√		✓					
Lemon sponge		~		✓			~						√	✓
Yoghurt							√							
Fruit														
GF/DF: Mixed veggies														
GF/DF: Fruit cookie														✓
Vegan: Veggie pie		√												
Vegan: Fruit cookie														√

Jacket and cheese				✓				
Potatoes								
Vegetables								
Cheese for jackets				✓				
Bread	√							
Packed lunches	✓			✓			✓	

Dishes Friday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin Ribur	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cheese and ham pizza		√					√							
Vegetable burger		√												
Ice cream							√							
Yoghurt							~							
Fruit														

GF/DF: Fish fingers				√					
Gf/DF:Ice lolly									
Vegan: Fishless fingers		√							
Vegan:Ice lolly									
Jacket and beans									
Fries									
Vegetables									
Beans for jackets									
Ketchup	√								
Bread		√							
Packed lunches		√			√			√	

Review date: 26.11.23 Reviewed by: J Honess

